

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

Independent/Assisted Living- The Saybrook at Haddam

						10:00am Exercise with Weights 1 11:00am Discussion/Debates-RR 2:00pm Giant Group Crossword 2:00pm One Day University-Memorable Musicals-MR	10:00am Word Games-RR 2 11:00am Passport Travel-Turkey 1:30pm Scrabble & Checker-L 2:00pm Bingo-RR 3:15pm Ice Cream Sundaes-CK 6:30pm Movie- Life of Crime
Family & Friends Day 3 9:30am Church-Lobby 1:00pm Scrabble & Cards-L 2:00pm Sunday Drive- L 6:30pm Sunday Movie- Afterlife of the Party (Netflix) Movie Room	9:00am Shopping- L 4 10:00am Thi Chi with Sharron 11:00am Health Talks/Fox 2:00pm Books with Joan-MR 3:00pm Rick Steve's Travel 4:00pm Saybrook Social-GR 6:30pm Movie-Silver Skates (Netflix) Movie Room	10:00am Full Body Exercise 5 11:00am Crafts/Holiday Lantern 1:30pm Bridge-CK 2:00pm SLN-Scotts Bluff-MR 2:00pm Bingo-Recreation Room 3:00pm Knitting with Friends-	10:00am Exercise with Weights 6 11:00am Jeopardy- RR 1:30pm Scrabble & Checkers-L 2:00pm Trivial Pursuit-RR 3:00pm Bible Study-MR 3:00pm Cooking/ Baked Apples -	10:00am Exercise/Full Body- 7 11:00am Wheel of Fortune-RR 1:30am Bridge-CK 2:00pm Bingo-RR 3:00pm Saybrook Choir-L 6:30pm Movie Space Cowboys (Netflix) Movie Room	10:00am Exercise with Weights 8 11:00am Discussion/Debates-RR 2:00pm Giant Group Crossword 2:00pm One Day University Books/Ideals/into Musicals-	10:00am Word Games-RR 9 11:00am Passport Travel-Fiji 1:30pm Scrabble & Checker-L 2:00pm Bingo-RR 3:15pm Ice Cream Sundaes-CK 6:30pm Movie- In the Line Of Fire (Netflix) Movie Room	
Family & Friends Day 10 9:30am Church-Lobby 1:00pm Scrabble & Cards-L 2:00pm Sunday Drive- L 6:30pm Sunday Movie-An Unfinished Life (Netflix) Movie Room	10:00am Thi Chi with Sharron 11 11:15am Picnic-Lobby 2:00pm Books with Joan-MR 3:00pm Rick Steve's Travel 4:00pm Saybrook Social-GR 6:30pm Movie Same Kind of Different as Me- (Netflix) <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small>	10:00am Full Body Exercise 12 11:00am Best in Show-(Dogs) 1:30pm Bridge-CK 2:00pm SLN-Hearts Castle-MR 2:00pm Bingo-Recreation Room 3:00pm Knitting with Friends-RR	10:00am Exercise with Weights 13 11:00am Jeopardy- RR 1:30pm Scrabble & Checkers-L 2:00pm Trivial Pursuit-RR 3:00pm Bible Study-MR 3:00pm Pool Game-GR 6:30pm Movie Rip Tide	10:00am Exercise/Full Body 14 11:00am Wheel of Fortune-RR 1:30am Bridge-CK 2:00pm Bingo-RR 3:00pm Saybrook Choir-L 6:30pm Movie Show Dogs (Netflix)	10:00am Exercise with Weights 15 11:00am Discussion/Debates-RR 2:00pm Giant Group Crossword 2:00pm One Day University-Gershwin/Ellington/The American Sound- MR 3:00pm Drinks/Entertainment- 6:30pm Movie School of Rock (Netflix) Movie Room	10:00am Word Games-RR 16 11:00am Passport Travel-Bora Bora-Recreation Room 1:30pm Scrabble & Checker-L 2:00pm Bingo-RR 3:15pm Ice Cream Sundaes-CK 6:30pm Movie- The November Man (Netflix)	
Family & Friends Day 17 9:30am Church-Lobby 1:00pm Scrabble & Cards-L 2:00pm Sunday Drive- L 6:30pm Sunday Movie- All Together Now (Netflix) Movie Room	9:00am Shopping- L 18 10:00am Thi Chi with Sharron 2:00pm Books with Joan-MR 3:00pm Andy Weil's Comedian 4:00pm Saybrook Social-GR 6:30pm Movie-Captain Fantastic (Netflix) Movie Room	10:00am Full Body Exercise 19 11:00am Pumpkin Decorating 1:30pm Bridge-CK 2:00pm SLN-Jimmy Carter/Library 2:00pm Bingo-Recreation Room 3:00pm Knitting with Friends-RR 3:00pm Painting-Recreation RR 6:30pm Movie Safe House	10:00am Exercise with Weights 20 11:00am Jeopardy- RR 12:00pm BELTONE 2:00pm Trivial Pursuit-RR 3:00pm Bible Study-MR 3:00pm Pool Game-GR 6:30pm Movie WORTH	10:00am Exercise/Full Body 21 11:00am Wheel of Fortune-RR 1:30am Bridge-CK 2:00pm Bingo-RR 3:00pm Saybrook Choir-L 6:30pm Movie- Jaws (Netflix)	10:00am Exercise with Weights 22 11:00am Discussion/Debates-RR 2:00pm Giant Group Crossword 2:00pm One Day University Masterpieces of Art/Changed all the rules-Movie Room 3:00pm Drinks/Entertainment- 6:30pm Movie My Boss's Daughter (Netflix) Movie Room	10:00am Word Games-RR 23 11:00am Passport Travel-Finland 1:30pm Scrabble & Checker-L 2:00pm Bingo-RR 3:15pm Ice Cream Sundaes-CK 6:30pm Movie- The Sleep Over (Netflix)	
Family & Friends Day 24 9:30am Church-Lobby 1:00pm Scrabble & Cards-L 2:00pm Sunday Drive- L 6:30pm Sunday Movie Squared Love (Netflix) Movie Room	10:00am Thi Chi with Sharron 25 11:00am Health Talks- CK 2:00pm Books with Joan-MR 3:00pm Rick Steve's Travel 4:00pm Saybrook Social-GR 6:30pm Movie-Good Luck (Netflix) Movie Room	10:00am Full Body Exercise 26 11:00am It's all about Cats! - RR 1:30pm Bridge-CK 2:00pm SLN-Memorial Parks MR 2:00pm Bingo-Recreation Room 3:00pm Knitting with Friends-RR 3:00pm Painting-Recreation RR 6:30pm Movie Sarah's Key (Netflix)	10:00am Exercise with Weights 27 11:00am Jeopardy- RR 1:30pm Scrabble & Checkers-L 2:00pm RESIDENTS MEETING 3:00pm Bible Study-MR 3:00pm Trivial Pursuit-RR 6:30pm Movie A Cinderella	10:00am Exercise/Full Body 28 11:00am Wheel of Fortune-RR 1:30am Bridge-CK 1:30pm Food for Thought-DR 2:00pm Bingo-RR 3:00pm Saybrook Choir-L 6:30pm Movie- All I Wish (Netflix)	10:00am Exercise with Weights 29 11:00am Discussion/Debates-RR 2:00pm Pumpkin/Costume Contest 2:00pm One Day University Jewish Musicians/Influence Culture 3:00pm Drinks/Entertainment- 6:30pm Movie What Dreams are	10:00am Word Games-RR 30 11:00am Passport Travel-Japan 1:30pm Scrabble & Checker-L 2:00pm Bingo-RR 3:15pm Ice Cream Sundaes-CK 6:30pm Movie- Stardust (Netflix)	
Family & Friends Day 31 9:30am Church-Lobby 1:00pm Scrabble & Cards-L 2:00pm Sunday Drive- L 6:30pm Sunday Movie-Midnight Run (Netflix)	<p>"I've learned that people will forget what you said, people will forget what you did. But people will never forget how you made them feel" Maya Angelou</p>						

Halloween