

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2020

THE SAYBROOK AT HADDAM
ASSISTED/INDEPENDENT LIVING
RECREATION
ALL PROGRAMS ARE SUBJECT TO CHANGE

<p>Independent Leisure 6</p> <p>Sunday Catholic service on Channel 11 or 9</p> <p>3:00pm Canada Geographic, History and Attractions Documentary - Movie Room (YOUTUBE)</p>	<p>7 10:00am Books with Joan- life and music of singer song writers and actors of our time-MR</p> <p>2:00pm Fit for Life Exercise- Movie Room</p> <p>6:30pm- Monday night concert "CHRISTMAS IN VIENNA 1999- THE THREE TENORS" (YouTube)</p>	<p>8 10:00am Exercise- Full Body- Lobby</p> <p>11:00am Craft- Christmas Trees - Recreation Room</p> <p>2:00pm Traveloque-Rick Steve's European Christmas (6 years ago) video -Movie Room</p> <p>3:00pm- The Saybrook Singers Lobby</p>	<p>9 10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Jeopardy- MR</p> <p>2:00pm – Trivial Pursuit-DR</p> <p>3:00pm- Bible Study- MR</p> <p>3:00pm Corn Hole Throw - Recreation Room</p> <p>6:30pm Movie "I AM WOMAN" Movie Room (NETFLIX)</p>	<p>10 8:00am Men's Breakfast Dining Room</p> <p>10:00am Exercise- Full body Workout- Lobby</p> <p>11:00am Singing our favorites- Movie Room</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm History of Hanukkah- Recreation Room</p> <p style="text-align: center;">Hanukkah Begins</p>	<p>11 10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Memoir Writing- L</p> <p>2:00pm Cocktail's & Crossword Puzzle- Dining Room</p> <p>3:00pm Making Gingerbread Houses- -RR</p> <p>6:30pm Friday night at the movies— "ZOOKEEPER" (NETFLIX)</p>	<p>12 10:00am Categories word game- Recreation Room</p> <p>11:00am Po-ke-No Recreation Room</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm Saturday Matinee "JINGLE JANGLE A CHRISTMAS JOURNEY" Movie Room (NETFLIX)</p>
<p>Independent Leisure 13</p> <p>Sunday Catholic service on Channel 11 or 9</p> <p>3:00pm National Geographic Top 10 Natural Disaster BBC Documentary- Movie Room (YOUTUBE)</p>	<p>14 10:00am Books with Joan- life and music of singer song writers and actors of our time-MR</p> <p>2:00pm Fit for Life Exercise- Movie Room</p> <p>6:30pm- Monday night concert "CHRISTMAS CAROLS SPECTACULAR" (YouTube)</p>	<p>15 10:00am Exercise Full Body- Lobby</p> <p>11:00am Cooking- Decorating Christmas cookies- CK</p> <p>2:00pm Traveloque—2018 Vienna Advent/ Europe Christmas Market Tour</p> <p>3:00pm- The Saybrook Singers Lobby</p>	<p>16 10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Jeopardy- MR</p> <p>1:30pm BELTONE</p> <p>2:00pm – Trivial Pursuit-DR</p> <p>3:00pm Bible Study- MR</p> <p>3:00pm Corn Hole Throw - Recreation Room</p> <p>6:30pm Movie "CHRISTMAS INHERITANCE"- MR (NETFLIX)</p>	<p>17 8:00am Men's Breakfast Dining Room</p> <p>10:00am Exercise- Full body Workout- Lobby</p> <p>11:00am Singing our favorites- Movie Room</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm Art/ Painting- Christmas Pinecones- Recreation Room</p>	<p>18 10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Memoir Writing- L</p> <p>2:00pm Cocktail's & Crossword Puzzle- Dining Room</p> <p>3:00pm Travelogue- North Pole</p> <p>6:30pm Friday night at the movies— "COOKIES FORTUNE"- Movie Room (NETFLIX)</p>	<p>19 10:00am Categories word game- Recreation Room</p> <p>11:00am Po-ke-No Recreation Room</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm Saturday Matinee "FISHERMAN'S FRIENDS" Movie Room (NETFLIX)</p>
<p>Independent Leisure 20</p> <p>Sunday Catholic service on Channel 11 or 9</p> <p>3:00pm National Geographic Strangest Things in The Universe/ space 2020 Documentary - Movie Room (YOUTUBE)</p>	<p>21 10:00am Books with Joan- life and music of singer song writers and actors of our time-MR</p> <p>2:00pm Fit for Life Exercise- Movie Room</p> <p>6:30pm- Monday night concert "MICHAEL BUBLÉ HOME FOR CHRISTMAS" (YouTube)</p> <p style="text-align: center;">Winter Begins</p>	<p>22 10:00am Exercise- Full Body- Lobby</p> <p>11:00am Craft- Christmas Trees- Recreation Room</p> <p>1:30PM FOOD FOR THOUGHT-Dining Room</p> <p>2:00pm Traveloque-Rick Steve's Christmas- Bath and the Countryside Travel video MR</p> <p>3:00pm- The Saybrook Singers Lobby</p>	<p>23 10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Jeopardy- MR</p> <p>2:00pm – Trivial Pursuit-DR</p> <p>3:00pm- Bible Study- MR</p> <p>3:00pm Corn Hole Throw - Recreation Room</p> <p>6:30pm Movie "CHRISTMAS PRINCE"-Movie Room (NETFLIX)</p>	<p>24 8:00am Men's Breakfast Dining Room</p> <p>10:00am Exercise- Full body Workout- Lobby</p> <p>11:00am The Saybrook Singers Christmas Concert- L</p> <p>2:00pm Christmas Bingo-RR</p> <p>3:30pm Art/ Painting- Still Life Holiday Scene-Recreation Room</p>	<p>25 MERRY CHRISTMAS</p> <p>10:00am Macys Christmas Parade- Movie Room</p> <p>12:00pm- Hallmark Chanel- Movie Room</p> <p>3:00pm Movie "THE CHRISTMAS CHRONICLES" Movie Room (NETFLIX)</p> <p style="text-align: center;">Christmas</p>	<p>26 10:00am Categories word game- Recreation Room</p> <p>11:00am Po-ke-No Recreation Room</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm Saturday Matinee "HOLIDATE" Movie Room (NETFLIX)</p> <p style="text-align: center;">Boxing Day (Canada) Kwanzaa Begins</p>
<p>Independent Leisure 27</p> <p>Sunday Catholic service on Channel 11 or 9</p> <p>3:00pm National Geographic 2018 Most Peaceful Place on Earth -Documentary Movie Room (YOUTUBE)</p>	<p>28 10:00am Books with Joan- life and music of singer song writers and actors of our time-MR</p> <p>2:00pm Fit for Life Exercise- Movie Room</p> <p>6:30pm- Monday night concert "ANDRE RIEU- THE CHRISTMAS I LOVE 2013" Movie Room (YouTube)</p>	<p>29 10:00am Exercise- Full Body- L</p> <p>11:00am Cooking Demo -Warm Cheesy, and Tangy Holiday Dip Country Kitchen</p> <p>2:00pm Traveloque – New Year's around the World youtube Video-</p> <p>3:00pm- The Saybrook Singers Lobby</p>	<p>30 10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Jeopardy- MR</p> <p>2:00pm – Residents Council-L</p> <p>3:00pm Bible Study- MR</p> <p>3:00pm Corn Hole Throw - Recreation Room</p> <p>6:30pm Movie" THE KNIGHT BEFORE CHRISTMAS"-MR (NETFLIX)</p>	<p>31 8:00am Men's Breakfast Dining Room</p> <p>10:00am Exercise- Full body Workout- Lobby</p> <p>11:00am New Year's Eve Around the World Video- MR</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm Entertainment- ZOOM</p> <p style="text-align: center;">New Year's Eve</p>		