

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Independent Leisure <b>1</b></p> <p>Sunday Catholic service on Channel 14</p> <p>3:00pm National Geographic Documentary Deepest Part of The Oceans- Movie Room</p> <p>Daylight Saving Time Ends</p>	<p>10:00am Books with Joan- life and music of singer song writers and actors of our time-MR</p> <p>2:00pm Fit for Life Exercise- Movie Room</p> <p>6:30pm- Monday night concert "THE GLEN CAMPBELL GOODTIME HOUR" (YouTube)</p>	<p>10:00am Exercise- Full Body- Lobby</p> <p>11:00am Cooking Sour Cream Coffee Cake -Country Kitchen</p> <p>2:00pm Traveloque ANTARCTICA- Documentary Video-RR</p> <p>3:00pm- The Saybrook Singers Lobby</p>	<p>10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Jeopardy- MR</p> <p>2:00pm – Trivial Pursuit-DR</p> <p>3:00pm- Bible Study- MR</p> <p>3:00pm Corn Hole Throw - Recreation Room</p> <p>6:30pm Movie "THE BEATLES" (HULU) Movie Room</p>	<p>8:00am Men's Breakfast Dining Room</p> <p>10:00am Exercise- Full body Workout- Lobby</p> <p>11:00am Card signing for our Veterans- RR</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm Art/ Painting- Recreation Room</p>	<p>10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Memoir Writing- Library</p> <p>2:00pm Cocktail's &amp; Crossword Puzzle- Dining Room</p> <p>3:00pm Singer Entertainer -TOM STANKUS -L</p> <p>6:30pm Friday night at the movies-"WHERE'D YOU GO BERNADETTE" (HULU)</p>	<p>10:00am Categories word game- Recreation Room</p> <p>11:00am Po-ke-No - Recreation Room</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm Saturday Matinee "THE BELLBOY" (Hulu) Movie Room</p>
<p>Independent Leisure <b>8</b></p> <p>Sunday Catholic service on Channel 14</p> <p>3:00pm National Geographic Documentary 2020 The Rare and Exotic Animals- Movie Room</p>	<p>10:00am Books with Joan- life and music of singer song writers and actors of our time-MR</p> <p>2:00pm Fit for Life Exercise- Movie Room</p> <p>6:30pm- Monday night concert "ENGELBERT HUMPERDINK IN CONCERT" (YouTube)</p>	<p>10:00am Exercise- Full Body- Lobby</p> <p>11:00am Craft- Rock Painting Recreation Room</p> <p>2:00pm Traveloque- Virtual Vacation video -Movie Room</p> <p>3:00pm- The Saybrook Singers Lobby</p>	<p>11:00am <b>Veterans Day Recognition- Lobby</b></p> <p>2:00pm – Trivial Pursuit-DR</p> <p>3:00pm Bible Study- MR</p> <p>3:30pm <b>Veterans Day Concert – Lobby- Judy Gray- Guitarist Singer- Lobby</b></p> <p>6:30pm Movie "AMAZING GRACE" (HULU) <small>Veterans Day Remembrance Day (Canada)</small> Movie Room</p>	<p>8:00am Men's Breakfast Dining Room</p> <p>10:00am Exercise- Full body Workout- Lobby</p> <p>11:00am Singing our favorites- Movie Room</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm Art/ Painting- Recreation Room</p>	<p>10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Memoir Writing- Library</p> <p>2:00pm Cocktail's &amp; Crossword Puzzle- Dining Room</p> <p>3:00pm Men's Club- "The Hair Story"-MR</p> <p>6:30pm Friday night at the movies- "BECAUSE I SAID SO" (HULU)</p>	<p>10:00am -How Many Words- Recreation Room</p> <p>11:00am Po-ke-No- Recreation Room</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm Saturday Matinee "GIRLS GIRLS GIRLS" (Hulu) Movie Room</p>
<p>Independent Leisure <b>15</b></p> <p>Sunday Catholic service on Channel 14</p> <p>3:00pm National Geographic Documentary Wild Thailand- Movie Room</p>	<p>10:00am Books with Joan- life and music of singer song writers and actors of our time-MR</p> <p>2:00pm Fit for Life Exercise- Movie Room</p> <p>6:30pm- Monday night concert "TOM JONES/LIVE ON SOUNDSTAGE" (YouTube)</p>	<p>10:00am Exercise- Full Body- Lobby</p> <p>11:00am Cooking- Orange Cranberry Bread- Country Kitchen</p> <p>2:00pm Traveloque- National Geographic Expeditions- Movie Room</p> <p>3:00pm- The Saybrook Singers Lobby</p>	<p>10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Jeopardy- MR</p> <p>1:30pm <b>BELTONE</b></p> <p>2:00pm – Trivial Pursuit-DR</p> <p>3:00pm Bible Study- MR</p> <p>3:00pm Corn Hole Throw - Recreation Room</p> <p>6:30pm Movie "B.B. KING ON THE ROAD" (HULU) Movie Room</p>	<p>8:00am Men's Breakfast Dining Room</p> <p>10:00am Exercise- Full body Workout- Lobby</p> <p>11:00am Singing Our Favorites- Movie Room</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm Art/ Painting- Recreation Room</p>	<p>10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Memoir Writing- Library</p> <p>2:00pm Cocktail's &amp; Crossword Puzzle- Dining Room</p> <p>3:00pm Men's Club-RIDDLE ME THIS Men's Edition- MR</p> <p>6:30pm Friday night at the movies-"OVERBOARD" (HULU)</p>	<p>10:00am Categories word game- Recreation Room</p> <p>11:00am Po-ke-No Recreation Room</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm Saturday Matinee "CINDERFELLA" (Hulu) Movie Room</p>
<p>Independent Leisure <b>22</b></p> <p>Sunday Catholic service on Channel 14</p> <p>3:00pm National Geographic Documentary The Mysterious places on Earth- Movie Room</p>	<p>10:00am Books with Joan- life and music of singer song writers and actors of our time-MR</p> <p>2:00pm Fit for Life Exercise- Movie Room</p> <p>6:30pm- Monday night concert "JOHN DENVER LIVE AT THE APOLLO" (YouTube)</p>	<p>10:00am Exercise- Full Body Lobby</p> <p>11:00am Craft- Miniature Chair Painting- Recreation Room</p> <p>2:00PM <b>FOOD FOR THOUGHT- Dining Room</b></p> <p>2:00pm Traveloque- FINLAND Travel video -Movie Room</p> <p>3:00pm- The Saybrook Singers Lobby</p>	<p>10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Jeopardy- MR</p> <p>2:00pm – <b>Residents Council-L</b></p> <p>3:00pm Bible Study- MR</p> <p>3:00pm Corn Hole Throw - Recreation Room</p> <p>6:30pm Movie "GLEN CAMPBELL: I'LL BE ME" (HULU) Movie Room</p>	<p><b>HAPPY THANKSGIVING</b></p> <p>10:00am Macy's Day Parade- Movie Room</p> <p>Thanksgiving Day feast from our culinary team</p> <p>3:30 Matinee- "It's a Wonderful Life" Movie Room</p>	<p>10:00am Exercise- Weights for Resistance- Lobby</p> <p>11:00am Memoir Writing- Library</p> <p>2:00pm Cocktail's &amp; Crossword Puzzle- Dining Room</p> <p>3:00pm Men's Club- "WHERE IN THE WORLD"-MR</p> <p>6:30pm Friday night at the movies-- "UP IN THE AIR" (HULU)</p>	<p>10:00am – Categories word game-Recreation Room</p> <p>11:00am Po-ke-No Recreation Room</p> <p>2:00pm Bingo-Recreation Room</p> <p>3:30pm Saturday Matinee "THE PATSY" (Hulu) Movie Room</p>
<p>Independent Leisure <b>29</b></p> <p>Sunday Catholic service on Channel 14</p> <p>3:00pm National Geographic Documentary The last Dragon- Movie Room</p>	<p>10:00am Books with Joan- life and music of singer song writers and actors of our time-MR</p> <p>2:00pm Fit for Life Exercise- Movie Room</p> <p>6:30pm- Monday night concert "NEIL DIMOND/FULL CONCERT" (YouTube)</p>	<p><b>NOVEMBER</b></p> <p><b>It is not Happy people who are thankful- it is Thankful people who are happy</b></p>				

THE SAYBROOK AT HADDAM- ASSISTED AND INDEPENDENT LIVING – ALL PROGRAMS ARE SUBJECT TO CHANGE